

# **Study of Motivational Factors and Relapse among Substance Abuse Clients in Jordan**

*Thesis*

*Submitted For Partial Fulfillment of the  
Master Degree in Nursing Science  
(Psychiatric Mental Health Nursing)  
Faculty of Nursing- Ain Shams University*

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**Faculty of Nursing  
Ain Shams University  
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قَالُوا سُبْحَانَكَ لَا عِلْمَ لَنَا  
إِلَّا مَا عَلَّمْتَنَا إِنَّكَ أَنْتَ  
الْعَلِيمُ الْحَكِيمُ

صدق الله العظيم

سورة البقرة (الآية 32)

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*The Researcher*

***Dedicated To:***

***My Father.....***

***My Mother....***

***My Brothers &***

***My Sister***

***For their great help,  
encouragement, love and  
continuous support***

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## **Abstract**

Most of substance abuses are defined as ‘relapsing diseases’, meaning that there is a high frequency of relapse. But there are motivational factors that encourage clients to relapse; this study is about relapse and its motivational factors. **Aim:** identify the relapse, and motivational factors among substance abuse clients in Jordan. **Design:** A descriptive correlation study was used. **Setting:** National Rehabilitation Center in Jordan. **Subjects:** A convenience sample of all available relapsed substance abuse clients (no=72), all available relapsed substance abuse clients' families (no=58), and all available rehabilitation team (no=33) were included in this study. **Tools:** 1) Clients' Tools: a) an Interview Questionnaire Sheet, b) Relapse Situations Screening Questionnaire (RSSQ). 2) Family Interview Questioner Sheet. 3) Rehabilitation Team Interview Questioner Sheet. **Results** reveals that: highly significant relation between law and legal sanctions as a rehabilitation motivator with age and monthly income, furthermore the emotional factors as relapse motivator highly significant affected by age and profession, the substance and physical factors as relapse motivator highly significant affected by academic qualification and profession. The social factors as relapse motivator highly significant affected by the age and academic qualification. Also reveals that, more than two third of family return reason of substance abuse to peer pressure, furthermore the emotional problems is the common problem of the substance abuse client before abusing or relapse. **Conclusion:** Family relationship is the powerful motivator for rehabilitation or relapse. Decrease number of female at the rehabilitation center. Most of relapsed client used alcohol as first substance. Law and legal sanctions do not make any motivation to the substance abuse client to join rehabilitation program **Recommendations:** Improve the rehabilitation program and provide more services for substance abuse clients and their families, improve the follow up system.

<b>Key words:</b>	Substance Abuse Client; Relapse; Rehabilitation; Motivational Factors.
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# *Abbreviations*

<b>APA</b>	American Psychiatric Association
<b>AVE</b>	Abstinence Violation Effect
<b>CBM</b>	Cognitive Behavior Modification
<b>CENAPS</b>	Center for Applied Sciences
<b>CET</b>	Cognitive Evaluation Theory
<b>DSM</b>	Diagnostic and Statistical Manual of Mental Disorders
<b>IPLOC</b>	Internal Perceived Locus Of Causality
<b>OIT</b>	Organismic Integration Theory
<b>PAW</b>	Post-Acute Withdrawal
<b>PET</b>	Positron Emission Tomography
<b>PTSD</b>	Post-Traumatic Stress Disorder
<b>RP</b>	Relapse Prevention
<b>TR</b>	Text Revision