

**Serum and Biliary Insulin-like Growth Factor I As  
A Diagnostic Marker for Cholangiocarcinoma**

Thesis

*Submitted for Fulfillment of Master Degree in  
Tropical Medicine*

Presented by  
**Labib Abbas Hafez**  
**M.B., B.Ch.**

**Under Supervision of**

**Prof. Dr. Eman Medhat Hassan**

Professor of tropical Medicine  
Faculty of Medicine  
Cairo University

**Prof. Dr. Mohammad Salah Abd El Bary**

Professor of Tropical Medicine  
Faculty of Medicine  
Cairo University

**Prof. Dr. Olfat Gamil Shaker**

Professor of Biochemistry  
Faculty of Medicine  
Cairo University

**Faculty of Medicine  
Cairo University  
2013**

# Abstract

**Background:** Cholangiocarcinoma (CCA) is the most frequent biliary malignancy. It is difficult to diagnose owing to its anatomic location, growth patterns and lack of definite diagnostic criteria. Its cells express and secrete Insulin-like growth factor I (IGF-I). **Objective:** Measurement of IGF-I in bile and serum of patients with extrahepatic CCA and its evaluation as a diagnostic marker. **Methods:** The study is a cross sectional study including 60 patients presented to endoscopic retrograde cholangiopancreatography (ERCP) unit for extrahepatic biliary obstruction. Patients were grouped as follows: Group A including 20 patients with extrahepatic CCA, Group B 20 patients with pancreatic cancer and Group C 20 patients with benign biliary lesions. **Results:** Biliary IGF-I was significantly different among the studied groups ( $p=0.030$ , AUC =1, and at cut-off of 314.92 ng/ml, the sensitivity and the specificity was 100%). The mean biliary IGF-I level, in patients with extrahepatic CCA, was 14 fold higher than in those with pancreatic cancer ( $p < 0.001$ ), and 19 fold higher than in those with benign biliary lesions ( $p < 0.001$ ), while it was comparable among patients with pancreatic cancer and benign biliary lesions ( $p = 0.13$ ). On the other hand, the mean serum IGF-I was comparable among the studied patients, only showing statistical difference between patients with pancreatic cancer and those with benign biliary lesions ( $p=0.004$ ). **Conclusion:** Biliary IGF-I is a useful reliable diagnostic test in differentiating extrahepatic CCA from other causes of biliary obstruction.

**Key words:** Insulin-like growth factor I; Cholangiocarcinoma; Pancreatic cancer; Benign biliary lesions.

## Acknowledgment

*First , and foremost, thanks GOD, most merciful and greatest beneficent.*

*I would like to express my deep appreciation to Prof. Dr. Eman Medhat Hassan, Professor of tropical medicine, Faculty of medicine, Cairo University for her continuous guidance and generous supervision, her kind encouragement and great support throughout the entire period of the study.*

*Many thanks to Dr. Mohammed Salah Abd El Bary , Assistant Professor of tropical medicine, Faculty of medicine, Cairo University for his help and support, his meticulous supervision and scientific advices throughout this study.*

*My deep thanks to Prof. Dr. Olfat Gamil Shaker, Professor of biochemistry, Faculty of medicine, Cairo University for her help and support, her attention and efforts.*

## LIST OF ABBREVIATIONS

|           |  |
|-----------|--|
| AJCC      | American Joint Committee on Cancer             |
| ALP       | Alkaline phosphatase                           |
| ALS       | Acid Labile Subunit                            |
| ALT       | Alanine aminotransferase                       |
| APS       | Associate Protein Substrate                    |
| AST       | Aspartate aminotransferase                     |
| BilIN     | Biliary Intraepithelial Neoplasia              |
| CA 19-9   | Carbohydrate Antigen 19-9                      |
| CCA       | Cholangiocarcinoma                             |
| CEA       | Carcinoembryonic Antigen                       |
| CI        | Confidence interval                            |
| CT        | Computed Tomography                            |
| CYFRA21-1 | Cytokeratin 19 Fragment Antigen 21-1           |
| Da        | Dalton (atomic mass unit)                      |
| DIA       | Digitized Image Analysis                       |
| DNA       | DeoxyriboNucleic Acid                          |
| ECM       | Extracellular Matrix                           |
| EGF       | Epidermal Growth Factor                        |
| EGFR      | Epidermal Growth Factor Receptor               |
| ELISA     | Enzyme-linked immunosorbent assay              |
| ERCP      | Endoscopic Retrograde Cholangiopancreatography |
| EUS       | Endoscopic Ultrasound                          |
| FDG       | Fluorodeoxyglucose                             |
| FISH      | Fluorescence In Situ Hybridization             |
| FNA       | Fine Needle Aspiration                         |
| GH        | Growth Hormone                                 |
| GH-R      | Growth Hormone Receptor                        |
| GRB2      | Growth Factor Receptor Bound Protein-2         |
| HBV       | Hepatitis B Virus                              |
| HCC       | Hepatocellular carcinoma                       |

|         |   |
|---------|---|
| HCV     | Hepatitis C Virus                             |
| HIV     | Human immunodeficiency virus                  |
| ICD     | International Classification of Disease       |
| IDUS    | Intraductal Ultrasound                        |
| IGF     | Insulin-like Growth Factor                    |
| IGF-I   | Insulin-like Growth Factor I                  |
| IGF-II  | Insulin-like Growth Factor II                 |
| IGFBPs  | IGF- Binding Proteins                         |
| IGFBP-1 | Insulin-like Growth Factor Binding Protein 1  |
| IGFBP-2 | Insulin-like Growth Factor Binding Protein 2  |
| IGFBP-3 | Insulin-like Growth Factor Binding Protein 3  |
| IGFBP-4 | Insulin-like Growth Factor Binding Protein 4  |
| IGFBP-5 | Insulin-like Growth Factor Binding Protein 5  |
| IGFBP-6 | Insulin-like Growth Factor Binding Protein 6  |
| IGF-IR  | Insulin-like Growth Factor- I Receptors       |
| IL-6    | Interleukin- 6                                |
| InsR    | Insulin Receptor                              |
| IPMN    | Intraductal Papillary Mucinous Neoplasm       |
| IRS     | Insulin Receptor Substrates                   |
| kDa     | kilodaltons                                   |
| MAPK    | Mitogen Activated Protein Kinase              |
| Mcm5    | Minichromosome Maintenance protein 5          |
| MRCP    | Magnetic Resonance Cholangiopancreaticography |
| MRI     | Magnetic Resonance Imaging.                   |
| MUC1    | Mucin 1                                       |
| MUC5AC  | Mucin-5AC                                     |
| NO      | Nitric Oxide                                  |
| PC      | Prothrombin Concentration                     |
| PET     | Positron Emission Tomography                  |
| PDGF    | Platelet-Derived Growth Factor                |
| PI3K    | Phosphatidyl Inositol 3-Kinase                |

|     |   |
|-----|---|
| PLR | Platelet–Lymphocyte Ratio                 |
| PSC | Primary Sclerosing Cholangitis            |
| PTC | Percutaneous Transhepatic Cholangiography |
| R   | Correlation coefficient                   |
| RTK | Receptor Tyrosine Kinase                  |
| SH2 | Src Homology-2                            |
| SHC | SH2 Containing Protein                    |
| Shc | Src Homology Collagen                     |
| SOS | Son-Of-Sevenless                          |
| TNF | Tumor Necrosis Factor                     |
| US  | Ultrasonography                           |

## LIST OF TABLES

| No. | Title   | Page |
|-----|---|------|
| I   | TNM staging of intrahepatic cholangiocarcinoma  | 14   |
| II  | TNM staging of perihilar cholangiocarcinoma   | 15   |
| III | TNM staging of distal cholangiocarcinoma  | 16   |
| IV  | Recently proposed serum and bile biomarkers for the diagnosis of CCA                              | 25   |
| 1   | Distribution of patients according to radiological diagnosis                                      | 53   |
| 2   | Distribution of patients according to pathological diagnosis                                      | 54   |
| 3   | Radiological findings in cholangiocarcinoma patients  | 55   |
| 4   | Radiological findings in pancreatic cancer patients   | 55   |
| 5   | Radiological findings in benign biliary lesions patients  | 55   |
| 6   | Correlation between IGF-I and other variables among Cholangiocarcinoma cases                      | 59   |
| 7   | Correlation between IGF-I and other variables among Pancreatic cancer cases                       | 60   |
| 8   | Correlation between IGF-I and other variables among benign biliary lesions cases                  | 60   |
| 9   | Sex distribution among the studied groups   | 61   |
| 10  | Age distribution among the studied groups   | 62   |
| 11  | Laboratory data among the studied groups  | 63   |
| 12  | Laboratory data among cholangiocarcinoma versus pancreatic cancer group                           | 65   |
| 13  | Laboratory data among cholangiocarcinoma versus benign biliary lesions group                      | 66   |
| 14  | Laboratory data among pancreatic cancer versus benign biliary lesions group                       | 67   |
| 15  | Biliary and serum IGF-I distribution among the studied groups                                     | 68   |
| 16  | Biliary and serum IGF-I distribution among cholangiocarcinoma versus pancreatic cancer group      | 69   |
| 17  | Biliary and serum IGF-I distribution among cholangiocarcinoma versus benign biliary lesions group | 69   |
| 18  | Biliary and serum IGF-I distribution among pancreatic cancer versus benign biliary lesions group  | 70   |

## List of Figures

| No.  | Title  | Page |
|------|--|------|
| I    | Anatomic classification of cancers of the human biliary tract  | 5    |
| II   | The Bismuth-Corlette classification of biliary tract   | 12   |
| III  | Diagnostic criteria for perihilar and distal extrahepatic cholangiocarcinoma                                       | 22   |
| IV   | Structure of the IGF-I receptor  | 37   |
| V    | Dilated intrahepatic bile ducts and a mass in the liver hilum (Klatskin tumor)                                     | 56   |
| VI   | Dilatated extrahepatic bile ducts  | 56   |
| VII  | ERCP image of cholangiocarcinoma, showing common bile duct stricture and dilation of the proximal common bile duct | 57   |
| VIII | ERCP image of cholangiocarcinoma at the bifurcation of the right and left hepatic ducts (Klatskin tumor).          | 57   |
| IX   | ERCP in a patient with adenocarcinoma in the head of the pancreas.   | 58   |
| X    | ERCP image showing a solitary benign stricture of the distal bile duct.  | 58   |
| XI   | Dilated common bile duct at ERCP due to common bile duct stones  | 59   |
| A    | Sex distribution among the studied groups  | 61   |
| B    | Age distribution among the studied groups  | 62   |
| C    | Alkaline phosphatase among the studied groups  | 64   |
| D    | Tumour markers among the studied groups  | 64   |
| E    | IGF-I among the studied groups   | 68   |
| 1    | ROC curve of IGF-I level among the studied groups  | 71   |
| 2    | ROC curve of tumour markers in the studied groups  | 72   |
| 3    | ROC curve of IGF-I level to differentiate cholangiocarcinoma cases from pancreatic cancer cases                    | 73   |
| 4    | ROC curve of tumour markers to differentiate cholangiocarcinoma cases from pancreatic cancer cases                 | 74   |
| 5    | ROC curve of IGF-I level to differentiate cholangiocarcinoma cases from benign biliary lesions cases               | 75   |
| 6    | ROC curve of tumour markers to differentiate cholangiocarcinoma cases from benign biliary lesions cases.           | 76   |

## TABLE OF CONTENTS

| Title  | Pages      |
|--|------------|
| <b>Acknowledgement</b>                               | <b>I</b>   |
| <b>Abstract</b>                                      | <b>II</b>  |
| <b>List of Abbreviations</b>                         | <b>III</b> |
| <b>List of Tables</b>                                | <b>VI</b>  |
| <b>List of Figures</b>                               | <b>VII</b> |
| <b>Introduction</b>                                  | <b>1</b>   |
| <b>Aim of the Work</b>                               | <b>4</b>   |
| <b>Review of Literature:</b>                         | <b>5</b>   |
| <b>. Cholangiocarcinoma</b>                          | <b>5</b>   |
| <b>. Diagnostic approaches in cholangiocarcinoma</b> | <b>19</b>  |
| <b>. Insulin-like growth factor (IGF-I)</b>          | <b>35</b>  |
| <b>Patients and Methods</b>                          | <b>48</b>  |
| <b>Results</b>                                       | <b>53</b>  |
| <b>Discussion</b>                                    | <b>77</b>  |
| <b>Summary</b>                                       | <b>85</b>  |
| <b>Conclusion</b>                                    | <b>88</b>  |
| <b>Recommendations</b>                               | <b>89</b>  |
| <b>References</b>                                    | <b>90</b>  |
| <b>Arabic Summary</b>                                |            |



## **INTRODUCTION**

Various tumors may result in biliary obstruction, such as cholangiocarcinomas (CCA), ampullary carcinomas, gallbladder carcinoma, pancreatic and metastatic tumors. Although endoscopic retrograde cholangiopancreatography (ERCP) and magnetic resonance cholangiopancreatography (MRCP) are extensively and efficiently used in the management algorithm for biliary obstruction, the differential diagnosis of malignant and benign conditions is not easy all the time (*Goonetilleke and Siriwardena, 2007*).

CCA is a malignant cancer arising from the neoplastic transformation of cholangiocytes, the epithelial cells lining the intrahepatic and extrahepatic bile ducts (*Blechacz and Gores, 2008*).

Globally, CCA is the second most common primary hepatic malignancy. Several epidemiological studies have shown that the incidence and the mortality rates are increasing worldwide. Its incidence rates vary markedly worldwide, presumably reflecting differences in local risk factors and genetics (*Gatto et al., 2010*).

The radiological modalities for evaluation of these patients include ultrasonography (US), contrast-enhanced computed tomography (CT) scan, magnetic resonance imaging (MRI) and MRCP. These non-invasive diagnostic methods provide useful information about the level of obstruction, extent of biliary dilatation and the presence of a mass or distant metastasis. ERCP and percutaneous transhepatic cholangiography (PTC) are more accurate imaging tests for bile duct evaluation and allow a tissue diagnosis through



brush cytology and endoscopic US (EUS) -guided fine-needle aspiration (FNA). However, these are associated with a significant risk of morbidity (*Saluja et al., 2007*).

The clinical findings and laboratory values including tumour marker levels are not specific enough to determine the precise cause of a biliary stricture of the proximal bile duct. Markers for early diagnosis are lacking. The most frequently tested marker is serum Carbohydrate Antigen 19-9 (CA19-9), but its yield for early diagnosis of CCA is considered unsatisfactory (*Singh and Patel, 2006*).

Both Carcinoembryonic Antigen (CEA) and CA 19-9 have been measured in bile from patients with benign and malignant diseases of the pancreaticobiliary tract, but results are contradictory and no consistent differences have been found (*Nehls et al., 2004*).

Serum tumour markers are attractive because of the ease of obtaining samples and their relative low cost. Therefore, they have been the object of extensive investigation to aid CCA diagnosis but, unfortunately, none of them has reached adequate specificity (*Yachimski and Pratt, 2008*).

Given the challenges associated with serum markers, bile was investigated as a logical alternative fluid for identifying CCA-specific biomarkers. Bile is, in fact, more proximal than serum to the tumour and its flow through the biliary tree should favour the enrichment of CCA-derived products. Unfortunately, collection of bile samples could only be performed by using invasive technique and therefore the use for screening purposes or surveillance of population at risk is limited. Different studies have



recently shown that human CCA tissues express insulin-like growth factor I (IGF-I), growth factor involved in cancerogenesis and the growth and spreading of different cancers (*Mancino et al., 2009*).

IGF-I is a circulating peptide hormone and locally acting growth factor with endocrine, paracrine and autocrine functions. The liver is the main source of circulating IGF-I. The IGF-I produced by the liver is under the control of growth hormone (GH) which, by acting on specific receptors (GH-R), induces the synthesis and release of IGF-I (*Alvaro et al., 2005*). Scientific interest in the relationship among IGF-I, IGF-I receptor, and cancer is increasing because high serum concentrations of IGF-I are associated with an increased risk for breast, prostate, colorectal, pancreatic, and lung cancer (*Lin et al., 2004*). It has a strong influence on cancer cell proliferation and is a potent inhibitor of apoptosis. The action of IGF-I is predominantly mediated through IGF-I receptor, which is involved in several oncogenic processes and overexpressed in many tumor cell lines and in some human tumors, where it seems to play a critical role in transformation, cancerogenesis, and metastasis. Especially for estrogen-sensitive cells, such as CCA, IGF-I has been considered a candidate growth factor for cross-talk with estrogens in the modulation of neoplastic cell proliferation and spreading. Its measurement in bile fluid collected during ERCP for biliary obstruction may be useful in differentiating extrahepatic CCA from other causes of biliary obstruction, thus helping in the clinical work-up of these abnormalities (*Alvaro et al., 2007*).



## **Aim of the work**

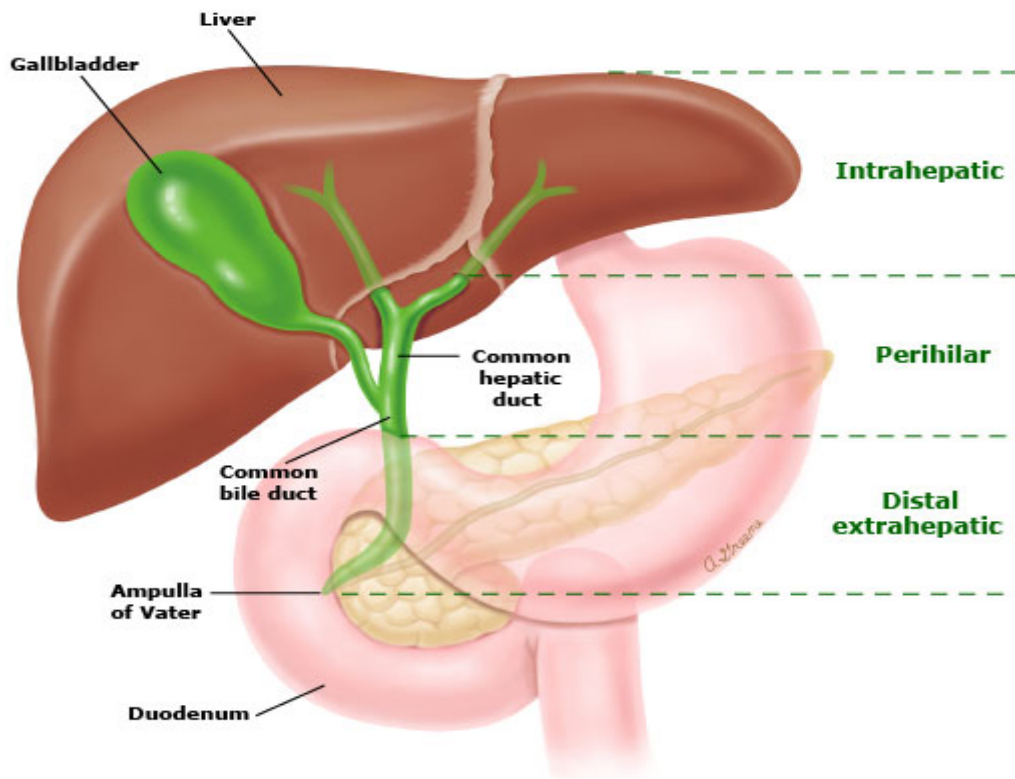
The aim of this work is to measure Insulin-like growth factor I in bile and serum of patients with extrahepatic cholangiocarcinoma and its evaluation as a diagnostic marker in differentiating it from other causes of extrahepatic biliary obstruction, whether malignant like pancreatic cancer, or benign like benign biliary lesions.



## **Chapter (1)**

### **CHOLANGIOCARCINOMA (CCA)**

**INTRODUCTION**— Biliary tract cancers were traditionally divided into cancers of the gallbladder, the extrahepatic ducts, and the ampulla of Vater, while intrahepatic tumors were classified as primary liver cancers. Recently, the term CCA has been used to refer to bile duct cancers arising in the intrahepatic, perihilar, or distal (extrahepatic) biliary tree, exclusive of the gallbladder or ampulla of Vater (figure I) (*Robert et al., 2012*).



**Figure (I):** Anatomic classification of cancers of the human biliary tract.

(Modified from de Groen PC, Gores GJ, LaRusso NF, et al. N Engl J Med 1999; 341:1368)



## **EPIDEMIOLOGY:**

CCA is a malignant neoplasm of the biliary duct system accounting for 3% of gastrointestinal tumors. It is the 2<sup>nd</sup> most common primary hepatic malignancy, representing 10–25% of primary hepatic malignancies worldwide (*Gatto et al., 2010*).

CCA is considered a tumour with a worldwide low incidence, with the exception of Eastern countries in which endemic liver fluke is present. Nevertheless, during the last decade, the incidence of this cancer is increasing in many countries. If the worldwide trend is confirmed in the near future, this could possibly have an impact on public-health programs. An increased incidence of intrahepatic CCA versus extrahepatic CCA has been reported across many countries (*Hammill and Wong, 2008*). The increase in intrahepatic CCAs may be attributable to new diagnostic methods for obstructive jaundice that identify biliary malignancies which previously might have gone undiagnosed (*Jarnagin, 2000*). Other studies suggest that the increasing incidence of intrahepatic CCA may be related to a concomitant increase in certain risk factors such as cirrhosis, alcoholic liver disease, and hepatitis C virus (HCV) infection (*Shaib et al., 2005*), apparent differences may be due to changes in International Classification of Disease (ICD) (*Khan et al., 2012*). On the other hand, the decreased incidence of extrahepatic CCAs is also unexplained. An epidemiologic study could not attribute this to time trends in known risk factors such as inflammatory bowel disease, diabetes, smoking, or exposure to thorotrast (*Jepsen et al., 2007*).

The peak age for CCA is the 7<sup>th</sup> decade, with a slightly higher incidence in men (*Shaib and El-Serag, 2004*). It is more common