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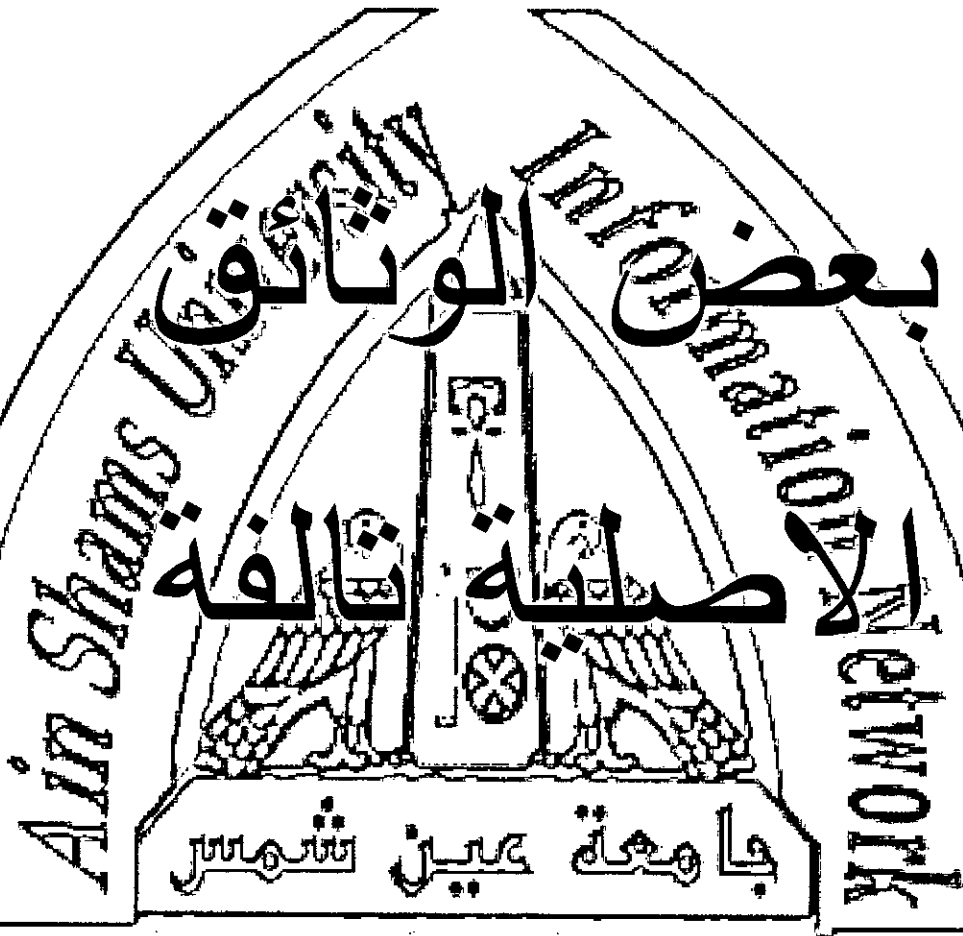
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Possible Teratogenic Effects Of Khat (Catha Edulis)

Thesis

**Submitted in Partial Fulfillment Of The Requirement
for the Master Degree In Forensic Medicine and
Clinical Toxicology**

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2006

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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

وَعَلَّمَكَ مَا لَمْ تَكُنْ تَعْلَمُ وَكَانَ فَضْلُ

اللَّهِ عَلَيْكَ عَظِيمًا

صدق الله العظيم

من الآية 113 سورة النساء

Acknowledgment

ACKNOWLEDGMENTS

All gratitude to ALLAH almighty firstly and lastly for enabling me to achieve this work which would never be crowned by success without blessing of ALLAH.

I am very grateful to express my deep gratitude and thanks to Dr. Hala Mohamed Fathy an assistant professor of forensic medicine and clinical toxicology, faculty of medicine, Assiut university, for her close supervision, constructive criticism, perfect guidance and valuable advices throughout the study.

I would like to express my immense gratitude and appreciation to Dr. Saly Yahia Abdel Hamid a lecturer of forensic medicine and clinical toxicology, faculty of medicine, Assiut university for her great help, patience, unlimited cooperation, endless persistent support and encouragement.

I would like to express great thanks for Dr. Samira Mohamed Saleh a lecturer of forensic medicine and clinical toxicology faculty of medicine ,Assiut university for her continuous support and guidance.

I would like to express my deep thanks to Dr. Zidan Zaid Ibrahim professor of pharmacognosy faculty of Pharmacy, Assiut University, for his endless cooperation, great help and providing me with the valuable advices and references.

I would like to express my deep gratitude and thanks to Dr. Safuat M. Abdel Majuid professor of forensic medicine and clinical toxicology faculty of medicine ,Assiut university for his kind support and valuable advices.

I would like to express my deepest thanks to Dr. Othman Al-Flessy the head of forensic medicine departmentn faculty of medicine Aden University for his encouragement and providing me with most references.

My all love and thanks to my family for their support and encouragement.

My extreme appreciates to my colleagues and all members of forensic medicine and clinical toxicology department ,Assiut university for their help and support.

Huda Abdul Wadood Mohamed Omer



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Introduction & Aim of Work

INTRODUCTION

Developmental toxicity is any structural or functional alteration, reversible or irreversible, caused by insult, which interferes with homeostasis, normal growth, differentiation, development and/or behavior (Tyl, 1993). Teratogen is one of the environmental insults that affects the intrauterine life. It is an agent that induces structural malformations, metabolic or physiological dysfunction, psychological or behavioral alterations or deficits in offspring either at birth or in defined postnatal period (Robert and Hoffman, 1998).

Khat (*catha edulis*) is a plant from the Celastraceae family, that grows in Ethiopia, Kenya and Yemen. Fresh leaves of khat tree are chewed by large number of people in East Africa and Yemen for their pleasurable and stimulating effects (Al-Motarreb et al., 2002). Among the various compounds present in the plant (more than 40 alkaloids, glycosides, tannin, terpenoids, (Elmi, 1983), essential oils, small amount of protein and ascorbic acid (Pantelis et al., 1989).

The alkaloid cathinone, a phenylalkylamine namely (-)-alpha aminopropiophenone is regarded as the main active component of khat.

Khat action are mainly due to the alkaloid cathinone, (Houghton, 2004) a substance structurally and pharmacologically related to amphetamine and that can be called natural amphetamine (Kalix, 1996 and Patel, 2000). The cathinone is a liable substance present only in fresh leaves of khat which decomposed into norpseudoephedrine and ephedrine if dried, therefore khat almost always chewed on the same day as harvested (Yamaguchi et al., 1999)

Khat increases the levels of dopamine in the brain by acting on the catecholaminergic synapses, the psychostimulant effect of khat can be accounted for by the mechanism of cathinone (Patel, 2000).

Khat is deeply rooted in the sociocultural traditions of several countries, where it is practiced by the people in a well defined and stable social setting. Recently the use of this stimulant has expanded beyond these boundaries (Dhaifalah and Santavy, 2004).

Khat chewing is an insidious habit that affects many aspects of life with its adverse social, economic and medical consequences, it has become a problem of grave national concern (Yousef et al., 1995).

The toxicological potential of khat on various organs was further confirmed by many studies on experimental animals treated with khat extract (Saleh et al., 1988 & Islam et al., 1990 & Hanaa et al., 1994 and Zaghoul and Nada, 1994).

Khat teratogenic effect attracted little attention in the previous studies (Islam et al., 1994).

Aim of the work:

- To show the biological effects of khat chewing on different body systems.
- To show if the khat used during pregnancy lead to possible teratogenic effects .

Historical Review